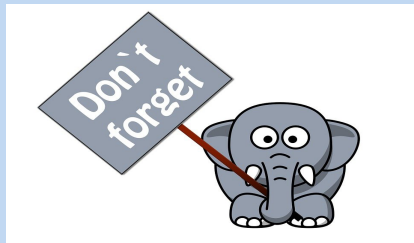


RHA Update

2022



Rent is due: November 7th

A 5% late fee will be added to any payments made after this date. If you are not able to pay your rent on time, please call Heather Hinckley, Interim Property Manager to make payment arrangements:
802-775-2926 Ext. 12



**Rutland Housing Authority
Will be closed Thursday,
November 24th and Friday,
November 25th**

**The RHA Update will be
coming out every other
month so be looking for your
copy January 1st 2023.**

FROM THE DESK OF THE EXECUTIVE DIRECTOR

Greetings:

Effective with this issue, the RHA Update is moving to an every-other-month schedule with publication planned for January, March, May, July, September and November of each year. Please plan accordingly as we will continue to welcome your submissions. Remember, the RHA Update is your newsletter and we strive to make it relevant to you, our valued residents.

I have just a few announcements and reminders for this month:

Senator Sanders' Staff to Visit Templewood Court

We have received work from Senator Sanders's office that members of his staff will be visiting door-to-door on Thursday, November 10th from 2:30-4:30 at Templewood Court. The announcement from the Senator's office reads as follows:

"Dear Fellow Vermonter,

These are tough times. We're living with an ongoing pandemic, inflation, wages that are Due to the volume of working residents at Hickory Street, that property will be completed first with Sheldon Towers, too low, massive income and wealth inequality, a dysfunctional health care system, a housing crisis, and the existential threat of climate change – among other issues.

At times like this, its vitally important that we stand together and fight for a government that represents all Americans and not just the privileged few. Now, more than ever, it is important for ordinary people to make their voices heard and for elected leaders to listen. That is why, in the upcoming weeks, my Senate staff will be out and knocking on doors across the state to hear directly from Vermonters about the issues that matter most and answer questions about how

Executive Director Continued...

Hopefully, we will see you out there in person. **But in case we miss you, please take a moment to fill out our brief, online survey, and let me know what's on your mind.** You can find the survey at www.sanders.senate.gov/yourvoice. Your responses will provide valuable insights that will help immensely as I continue to fight in Congress to put the needs of ordinary people over the power of large corporations and wealthy campaign contributors.”

Vermont Action Plan for Aging Well

The Vermont Department of Health is sponsoring a statewide listening session on the Vermont Action Plan for Aging Well. The Rutland session will be held on Wednesday, November 9th from 1:00-3:00 pm at the Godnick Adult Center. They want to hear from Vermonters about what living and aging in Vermont is like and to help answer questions about what works, what doesn't and what you wish to have to make Vermont the best state for growing older. Light refreshments will be provided. Questions? Reach to Kerstin Hanson at Kerstin.hanson@vermont.gov.

Winter Reminder

Now that winter is just around the corner I wanted to remind you of our snow and ice removal policy. The property manager will monitor all storms and determine when maintenance staff will be called out to initiate snow removal. Depending on the severity of the storm, this could take place at any time. If practical, this could be the morning after the storm or after hours. The maintenance staff person assigned to your property will initiate snow removal so as to ensure that emergency services can access RHA buildings. The plow truck will make an initial sweep of the properties allowing tenants to move their vehicles; making way for the clearing of individual parking spaces.

Executive Director Continued...

Templewood Court, and Bridge Housing to follow. Once your space has been cleared, please move your vehicle back to your assigned space. Rest assured that maintenance staff will clear roadways, parking lots, and walkways as soon as possible, but there is much to do so please be patient. Unless there is an emergency, please do not contact the office to ask when your property will be cleared. As you know, winter in Vermont can be treacherous so please be safe when driving or walking on properties.

Alert: Covid Leading to Scams

The Council of Vermont Elders wants you to know that the Senior Medicare Patrol (SMP) is warning people to be aware of potential scams related to the ongoing COVID-19 pandemic. Since January, 2020, most complaints received by the SMP related to COVID-19 involve testing, treatment, cures and vaccines. Beneficiaries reported they were most frequently contact in person (usually do to in-person visits or testing), by telephone.

In several examples, beneficiaries spoke of responding to an advertisement in a national newsletter offering eight free COVID testing kits in exchange for providing personal information, including their Medicare number. These complaints are under investigation.

Holiday Happenings

For those of you that celebrate the holidays, but lack the necessary resources there are a number of local agencies that can assist with food and gifts. For a complete list of these resources contact your SASH Coordinator who will assist you in making your holidays a little brighter. Thanks to the Rotary Club of Rutland City

From the Desk Julie Sanderson, Property Manager

Recertifications:

RHA tenants must have their income certified on an annual basis. Please respond to our request for needed documents as soon as possible, but no later than the stated deadline. In order to maintain your tenancy this process must be completed as it a federal program requirement. Regrettably, we must terminate your tenancy if you fail to cooperate. Termination is unpleasant for everyone involved so please cooperate when asked.

Storing Your Property:

Please do not leave personal property on the lawns and other common areas when not in use. Lightweight items such as lawn chairs can be blown in a heavy wind and damage cars parked nearby. Items left on the grass also hinder lawn mowing. Please store personal items in your apartment, not in hallways, other common areas, or your porch.

A Friendly Reminder:

Smoking is not allowed inside your apartment or within 25 feet of any RHA owned or managed building. You could jeopardize your housing if you do not follow this rule. RHA staff will be monitoring more closely for violations. Thank you for your cooperation!

Complaint Forms:

Just a reminder that all complaints need to be put in writing and submitted to the Property Manager's office before any action can be taken. Forms are located at each development and can be submitted anonymously

Sheldon Towers:

Please remember that the carts must be returned to the lobby. They are there for all tenants to use not to keep in your apartments. Do not wait until the next time you need to go to the first floor. Other tenants may need to use them

To all residents:

If you are struggling with your housekeeping, paying your rent or are in need of assistance of any kind please reach out to our SASH program. A SASH Coordinator can assist in finding you the resources you need to keep you living healthy and at home! 802-775-2926 ext. 16

Wishing you all a Happy Thanksgiving!

***From the Desk of Heather Hinckley,
Interim Property Manager...***



Pumpkin Moose Dip

1 box vanilla instant pudding
(follow directions on box)
1 large jar of spiced pumpkin
pie filling
1 bar of Cream Cheese (room
temperature)
2 tubs of cool whip or 1 large
one

Mix all of the above
ingredients in a large
bowl. Spoon into small
serving dishes and
chill. When ready to serve,
add a dollop of whipped
topping and some graham
cracker crumbs.

***From the Desk of Heather Hinckley,
Interim Property Manager...***



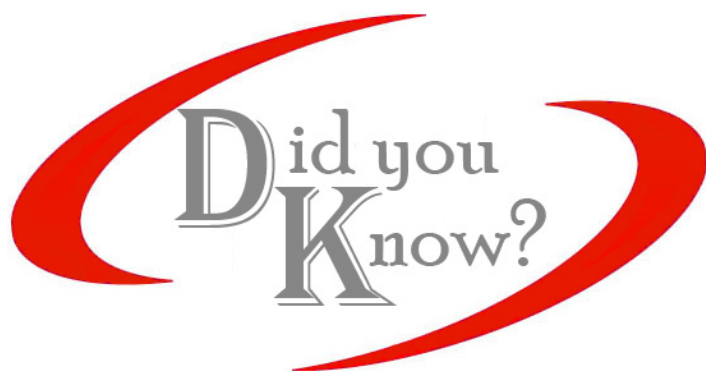
Another really good dip for this
time of year is...

Pumpkin Spice dip

1 package of pumpkin spice instant
pudding
2 bricks of cream cheese (room
temperature)
1 large container of Fluff

Whip all ingredients together until
smooth and dip with your favorite
sweet dipper i.e. chocolate teddy
grahams are one of my favorites for
this, or apples (if you want to be a
bit healthier)

From the Desk of Kirsten Hathaway,
Director of Finance and Human
Resources



You can get free money for college or career advancement?

- VSAC – The Vermont Student Assistance Corporation – offers a wide variety of finance assistance.
- Grants are available if you want to take a class for career training
- Scholarships are available for those who qualify
- Loans are available for those who want to further their education through a degree program.
- Log into vsac.org for more information



SUNDAY, NOVEMBER 6th

RHA COMMUNITY CORNER



Looking out my window I wonder if trees feel shy in their nakedness? I wonder if birds dread the coming of winter? I wonder if I am putting off writing about Thanksgiving because I have so little experience in preparing Thanksgiving dinner.

I have prepared two turkeys in my life. The first was still partly frozen when I took it out of the refrigerator. Solution run to phone dial ... MOM. We ate at 8pm and I gave silent thanks that it would soon be over. The second I microwaved. It is beyond me how anyone puts together a dinner for a large gathering. Likely I would serve squash at one potatoes at two and turkey at four.

Not many Thanksgivings go perfectly and at times must be seasoned with patience. Aunt Sally and Aunt Birdie haven't gotten over their falling out of ten years so they are seated wisely apart. Cousin Phil loudly shares his opinion of how the government should be run. Penny lost her job and tears flow. Everyone tries to be consoling and end up with what seems to be their best phrase "when one door closes another one opens". They all smile and nod over their wisdom except Penny. Mary corners everyone with pictures of her dog Bitsy wearing pj's and tutus. Fourteen year old Carl drops cranberry sauce on white linen. His sister, Terri, pouts over the no phones at table rule. Nana T keeps sharing her problems with arthritis and ends with "Well, what can I expect at my age?" As they are ready to leave each compliments the hostess on such a delicious meal and how wonderful it was to be together and share another Thanksgiving.

November WORD SEARCH

Fall Word Search

C U W V B F K S Q S W H A R V E S T H G
O Y S M A N T A T O U U O G K R P M L E
A C F D F O O T B A L L W B T Q W O Z B
S E E Z Z A G E R Y N T U E N I B E X R
W J P N X T B U W A A P P L E C I D E R
E A U O A H U D C N U T U U U N C T A Q
A P R V S A U U R K K P P Z M H R B C T
T P L E A N N O J Y S R P C U P A G I C
E L E M J K C A D B E F W K E U K Y M K
R E A B U S K F Y O P L I O H Z E I Y B
P S V E L G P H L N T Z H P S J S Q N O
Q Q E R S I Q A W F E Y E M U W E Q J O
J N S O M V V C N I M C O Q N R M W K T
T B M E K I F Z B R B R Y C F K N L J S
V Y A P N N Q K G E E A V G L U T A A O
V N R R D G H N A B R U Q T O O N I G V
C Y A O O P I Q O N H T X F W J Z Y P E
L C X F E A L T K O E U W Z E S U P P B
R D E F I D C W K O Q M Z Q R B F Z U S
D R Q R J O V Z O Y W N C J G R K N E U



CORN
AUTUMN
BONFIRE
BOOTS
OCTOBER
RAKE

THANKSGIVING
HARVEST
LEAVES
CARNIVAL
APPLES
APPLE CIDER

PUMPKIN
FOOTBALL
SWEATER
NOVEMBER
SEPTEMBER
SUNFLOWER





Veterans Day is a U.S. legal holiday dedicated to American veterans of all wars, and Veterans Day 2022 will occur on Friday, November 11. In 1918, on the 11th hour of the 11th day of the 11th month, an armistice, or temporary cessation of hostilities, was declared between the Allied nations and Germany in World War I, then known as “the Great War.”

Commemorated in many countries as Armistice Day the following year, November 11th became a federal holiday in the United States in 1938. In the aftermath of World War II and the Korean War, Armistice Day became known as Veterans Day.



Quote of the month...

"Any change, even a change for the better, is always accompanied by drawbacks and discomforts."

Jon Jordan, Maintenance Supervisor...

